

Racine County Meals on Wheels/Congregate Menu

JULY 2022 833-8766

Call before 9:30 am the previous day (Monday-Friday) to cancel a meal.

					<p>1 Veal Parmesan Penne pasta w/marinara sauce; Broccoli Wheat Vienna bread Fresh melon</p>
<p>4 There will be NO DELIVERY on Monday July 4th in observation of the 4th of July.</p>	<p>5 There will be NO DELIVERY on Monday July 4th in observation of the 4th of July.</p>	<p>6 Classic Lasagna w/meat sauce Squash medley Italian green beans Whole wheat bread Chilled pears</p>	<p>7 Chef's Choice Frozen (will be delivered/picked up Wednesday)</p>	<p>8 Hot Dog Twice baked potato casserole Peas & carrots Wheat hot dog bun Banana</p>	
<p>11 BBQ Riblet Sweet potato mashed Chef's choice veggie Wheat sandwich bun Strawberry yogurt</p>	<p>12 Chef's Choice Frozen (will be delivered/picked up Monday)</p>	<p>13 COLD MEAL! BLT Chicken Salad Mixed salad greens w/tomato wedges Tri-bean salad; Crackers Mandarin oranges</p>	<p>14 Chef's Choice Frozen (will be delivered/picked up Wednesday)</p>	<p>15 Herbed Baked Chicken; apple Mashed potatoes w/gravy Green bean casserole Bran muffin bread</p>	
<p>18 Baked Meatloaf w/gravy Mashed potatoes Stewed tomatoes Whole wheat bread Whole orange</p>	<p>19 Chef's Choice Frozen (will be delivered/picked up Monday)</p>	<p>20 Slow Roasted Beef Au gratin potatoes Carrots and chives Multigrain dinner roll Mixed fruit</p>	<p>21 Chef's Choice Frozen (will be delivered/picked up Wednesday)</p>	<p>22 COLD MEAL! Turkey Pasta Salad w/shell Rigate, lettuce, tomato; Tri-bean salad Whole wheat bread Pineapple tidbits</p>	
<p>25 Prime Rib of Pork Baked potato Parslied cauliflower Rye bread Mixed fruit</p>	<p>26 Chef's Choice Frozen (will be delivered/picked up Monday)</p>	<p>27 BBQ Pulled Chicken Cheesy mashed potatoes; Broccoli Wheat sandwich bun Chilled pears</p>	<p>28 Chef's Choice Frozen (will be delivered/picked up Wednesday)</p>	<p>29 Chicken Marbella Rice Florentine Country blend Whole wheat bread Whole orange</p>	

Menu is subject to change without notice

Diabetic Dessert is offered

Choice of 1% milk or juice included with each meal