



Racine County Senior Dining October 2017 833-8766

Call before 9:30 am the previous day (Monday-Friday) to reserve or cancel a meal.

2 Pork Roast W/Cinnamon Apples Au Gratin Potatoes Peas and Carrots Wheat Bread Pumpkin Bar	3 Cheddar Broccoli Chicken Rice Casserole Cauliflower Whole Wheat Roll Warm Pear and Cranberry Crumble	4 Salisbury Steak/ Gravy Mashed Potatoes Harvard Beets Multi-Grain Dinner Roll Pineapple Tidbits	5 Hot Dog Oven Fries Country Blend Vegetables Wheat Hot Dog Bun Banana	6 Cheese Ravioli W/ Parm. Marinara Sauce Zucc/Red Pepper/Onion Butter Beans & Carrots Garlic Bread Fruit Cup Peanut Butter Cookie
9 Roast Turkey & Gravy Baked Sweet Potatoes Broccoli Bread Stuffing Chef's Fruit	10 Shaved Pork W/Mediterranean Sauce Scalloped Potatoes Brussels Sprouts Multi Grain Bread Apple Sauce	11 Spaghetti & Meatball Marinara Mixed Salad Greens W/Chick Peas French Bread Warm Peach Cobbler	12 Tater Tot Casserole Green Beans Cauliflower/Red Pepper Wheat Bread Mandarin Oranges	13 Fish Taco Spanish Rice Pinto beans Shredded Lettuce Flour Tortilla Fresh Melon
16 Hot Roast Beef Mashed Potatoes/Gravy Northern Bean/Tomato Medley Wheat Bread Fresh Orange	17 BBQ Riblet Oven Fries Mixed Salad Greens Wheat Sandwich Bun Warm Cinnamon Apples	18 Turkey Divan Vegetable Rice Pilaf Broccoli Chef's Fruit Biscuit Oatmeal Raisin Cookie	19 Western Strata Bake Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	20 Chicken Breast Parmesan Penne Pasta/Marinara Squash Medley French Bread Chilled Peaches
23 Sliced Bavarian Style Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	24 Chicken Chardonnay Mashed Potatoes Peas & Carrots Wheat Bread Pineapple Orange Salad Gramma's Apple Bar	25 Beef & Cabbage Casserole Green Beans Mixed Green Salad Corn Bread Fruit Cocktail	26 Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Dinner Roll Chilled Pears	27 Potato Crusted Fish Filet Baked Potato California Blend Veg. Wheat Bread Lemon Mandrn Pudding
30 Buttermilk Pancakes Breakfast Sausage Glazed Apples Orange Juice Chilled Peaches	31 Spaghetti & Meatball Marinara Chef's Choice Vegetables Garlic Bread Banana			

*Menu is subject to change

*Diabetic Dessert is offered with all meals

*Choice of 1%, skim milk, or juice included with each meal.